

How to Stop Junk Mail

Are you tired of getting so much junk mail? There is an easy way to reduce the amount of unsolicited mail which addressed to you. Simply register your name and address with the Mail Preference Service at www.mpsonline.org.uk or call 0845 7034599. Alternatively you can write to:

Freepost 29
LON 20771
London
W1E 0ZT

Unaddressed mail is dealt with by the Royal Mail. You need to send them your address and name to request removal of your details:

Email: optout@royalmail.com

Free Post RRBT-ZBXB-TTS
Door-to-door opt-outs
Royal Mail
Oxpens Road
Oxford
OX1 1RX

These opt-out services are only valid for three years, so keep hold of this information for re-registering again in the future. To find out more about how to minimise your waste and recycle more, please visit www.recyclefornorthamptonshire.co.uk.